

Appln No. 10/567,882
Amdt date June 9, 2009
Reply to Office action of February 9, 2009

Amendments to the Specification:

Please replace the paragraph (in the substitute specification) starting on page 13, line 29 and continuing to line 33 with the following new paragraph:

The adjustable mechanism for a motor vehicle illustrated in Figs 1a to 1c and 2, more particularly for adjusting the seat longitudinal position of a motor vehicle seat by a longitudinal guide rail, comprises a fixed (rotationally secured) threaded spindle 100 (Fig. 2 shows threads only on a portion of the spindle 100), a spindle nut 1 mounted rotatable thereon and a drive worm 2 driving the spindle nut. The spindle nut 1 and the drive worm 2 are mounted in a gearbox housing 3,4.